Edexcel GCSE PE 2022 (1PE0) Paper 1

Date: 24th May Time: PM Marks: 90 Length: 105 min Marks per min: 0.86

REVISION Watch our live revision sessions on youtube.com/TheEverLearner YouTube Wed 4th May 4-5:30pm

AEI listed content

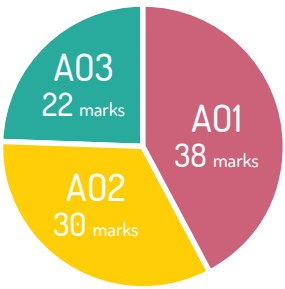
- Classification of joints
- Ligaments and tendons
- Muscle types
- Muscle location
- Antagonistic pairs
- Functions of the CV system
- Aerobic and anaerobic exercise
- Short-term effects of exercise
- Long-term effects of exercise
- Definitions of fitness, health, exercise and performance and how they relate to each other
- Value of fitness testing
- Fitness testing for specific components of fitness
- Fitness testing data
- Factors affecting the choice of training method
- Training methods
- PEDs

Skills

Average marks for all Paper 1s since 2018

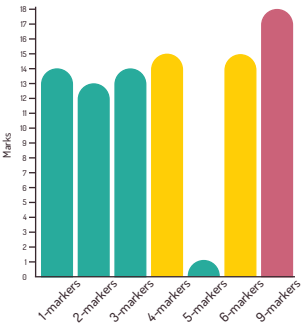
Want to know more about the exam? Have a look at our blog post about this exam on blog.theeverlearner.com/en/the-changing-rooms/advance-exam-information-edexcel-gcse-pe

AO coverage



Average marks for all Paper 1s since 2018

Mark allocation

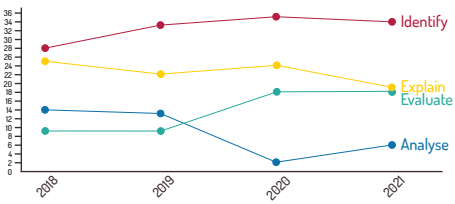


Average marks for all Paper 1s since 2018

Most examined topics

Average marks for all Paper 1s since 2018

Marks awarded per skill



Revision tips

- Use the tutorials, quizzing and testing on The EverLearner
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The EverLearner

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Content preparation

- ☐ I am fully aware of the Advance Exam Information listings.
- ☐ I have OVER-LEARNED all of the Advance Exam Information content.
- ☐ I have learned all other specification content in preparation for lower-tariff questions.

- Classification of joints
- Ligaments and tendons
- Muscle types
- Muscle location
- Antagonistic pairs
- Functions of the CV system
- Aerobic and anaerobic exercise
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- Value of fitness testing
- Fitness testing for specific components of fitness
- Fitness testing data
- Factors affecting the choice of training method
- Training methods
- PEDs

See content list overleaf

Skills preparation

- ☐ I am fully aware of the most common command words in the Edexcel GCSE PE Paper 1 exam.
- ☐ I have OVER-PRACTISED 'Identify'/'State'/'Give'/'Complete', 'Explain' and 'Evaluate' through past-paper questions AND ExamSimulator.

'Identify'/'State'/'Give'/'Complete' skill language	'Explain' skill language	'Evaluate' skill language

- ☐ I am fully aware that 9-mark questions accumulate the most marks in the Edexcel GCSE PE Paper 1 exam.
- ☐ I have OVER-PRACTISED 9-mark questions for the Edexcel GCSE PE Paper 1 exam from both the exam board and ExamSimulator.
- ☐ I know the required format of the extended-writing piece(s) for the Edexcel GCSE PE Paper 1 exam.
- ☐ I have practised all past paper AND ExamSimulator examples of extended-writing pieces.

Practical examples (AO2)

*These examples are generic and used to represent a range of content across all PE exams.

- ☐ I have read and actioned the information below about well made and poorly made practical examples across PE examinations of all kinds.

...sponsorship such as Gillette razors for football.

...sponsorship such as the brand Gillette sponsoring elite men's football to increase product awareness and, potentially, boost sales.

...open skills such as taking a (slip) catch in cricket due to the need to adapt the catching skill to suit the specific flight and pace of the ball as it leaves the edge of the bat.

...open skills such as in cricket.

...flexion is bending the elbow when weightlifting.

...flexion at the elbow when the elbow bends in the upwards phase of a biceps curl.

...agility like in basketball when you dribble the ball.

...agility is critical in basketball when dribbling the ball as a player can maintain control whilst changing direction and, therefore, dribble in and out of spaces around defenders without losing possession of the ball.

Edexcel GCSE PE 2022 (1PE0) Paper 2

Date: 10th June Time: PM Marks: 70 Length: 75min Marks per min: 0.93

REVISION Watch our live revision sessions on youtube.com/TheEverLearner YouTube Thu 12th May 4-5:30pm

AEI listed content

- Physical health and well-being
- Emotional health and well-being
- Consequences of a sedentary lifestyle
- Balanced diet for different people
- Macronutrients
- Micronutrients
- Classification of skill
- SMART targets
- Feedback
- Participation rates in physical activity and sport
- Advantages and disadvantages of commercialisation and the media
- Sporting behaviour

Skills

Average marks for all Paper 2s since 2018

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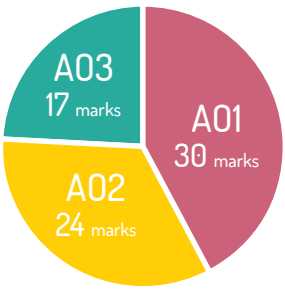
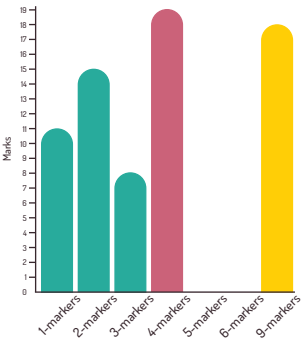
AO coverage



Average marks for all Paper 2s since 2018

Mark allocation



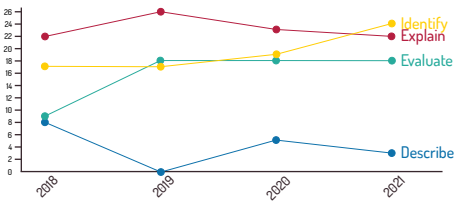
Average marks for all Paper 2s since 2018

Most examined topics

Commercialisation	35
Types of feedback	29
Types of guidance	24
Ethics - sportsmanship, gamesmanship and deviance	22
Classification of skill	20
Engagement patterns	19
Use of data	14
Types of practice	14
SMART targets	13
Physical health	12

Average marks for all Paper 2s since 2018

Marks awarded per skill



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Edexcel GCSE PE 2022 (1PE0) Paper 2

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Content preparation

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- Classification of skill
- SMART targets
- Feedback
- Participation rates in physical activity and sport
- Advantages and disadvantages of commercialisation and the media
- Sporting behaviour

See content list overleaf

Skills preparation

- [ ] I am fully aware of the most common command words in the Edexcel GCSE PE Paper 2 exam.
- [ ] I have OVER-PRACTISED 'Explain', 'Identify'/'State'/'Give'/'Complete' and 'Evaluate' through past-paper questions AND ExamSimulator.

'Explain' skill language	'Identify'/'State'/'Give'/'Complete' skill language	'Evaluate' skill language

- [ ] I am fully aware that 4-mark questions accumulate the most marks in the Edexcel GCSE PE Paper 2 exam.
- [ ] I have OVER-PRACTISED 4-mark questions for the Edexcel GCSE PE Paper 2 exam from both the exam board and ExamSimulator.
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