

AQA GCSE PE 2022 (8582) Paper 1

Date: 24th May Time: PM Marks: 78 Length: 75 min Marks per min: 1.04

REVISION

Watch our live revision sessions on youtube.com/TheEverLearner



Tue 3rd May 4-5:30pm

AEI listed content

- ✓ Antagonistic pairs and the impact on movement at joints
- ✓ Blood vessels
- ✓ Mechanics of breathing
- ✓ Lung volumes: Interpretation of a spirometer trace
- ✓ Use of aerobic and anaerobic exercise at different intensities
- ✓ Long-term (months and years) effects of exercise
- ✓ Lever systems and mechanical advantage: Analysis of basic movements in sporting examples
- ✓ Linking sports and physical activity to the required components of fitness
- ✓ Reasons for and limitations of fitness testing
- ✓ Warming up and cooling down

Skills

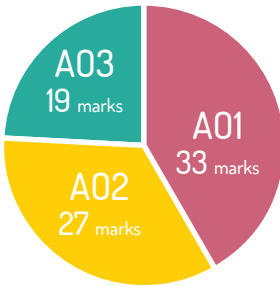


Average marks for all Paper 1s since 2018



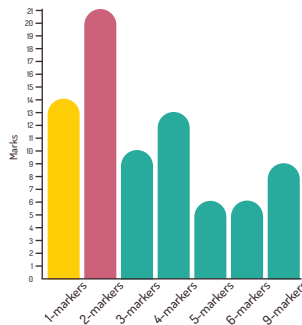
Want to know more about the exam? Have a look at our blog post about this exam on blog.theeverlearner.com/en/the-changing-rooms/advance-exam-information-aqa-gcse-pe

A0 coverage



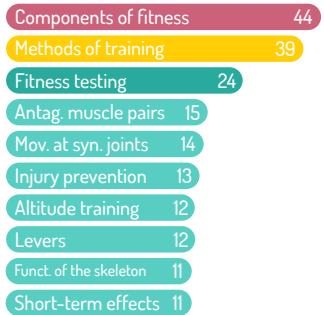
Average marks for all Paper 1s since 2018

Mark allocation



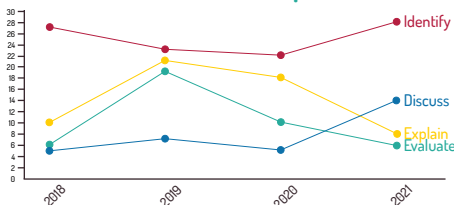
Average marks for all Paper 1s since 2018

Most examined topics



Average marks for all Paper 1s since 2018

Marks awarded per skill



Revision tips

- Use the tutorials, quizzing and testing on The EverLearner
- Attend The EverLearner's Live Revision on YouTube
- Do plenty of exam practice on Exam Simulator
- Take great notes and learn them!

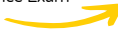


The EverLearner

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Content preparation

- | | | |
|--|---|--|
| <ul style="list-style-type: none"> <input type="checkbox"/> I am fully aware of the Advance Exam Information listings. <input type="checkbox"/> I have OVER-LEARNED all of the Advance Exam Information content. <input type="checkbox"/> I have learned all other specification content in preparation for lower-tariff questions. |  | <ul style="list-style-type: none"> <input type="checkbox"/> Antagonistic pairs and the impact on movement at joints <input type="checkbox"/> Blood vessels <input type="checkbox"/> Mechanics of breathing <input type="checkbox"/> Lung volumes: spiro. trace <input type="checkbox"/> Use of aerobic and anaerobic exe. at different intensities <input type="checkbox"/> Long-term effects <input type="checkbox"/> Lever systems and mech. advantage <input type="checkbox"/> Linking sports & phys. act. components of fitness <input type="checkbox"/> Limitations of fitness testing <input type="checkbox"/> Warming up and cooling down |
|--|---|--|

Skills preparation

- I am fully aware of the most common command words in the AQA GCSE PE Paper 1 exam.
- I have OVER-PRACTISED 'Identify'/'State'/'Which', 'Explain' and 'Evaluate' through past-paper questions AND ExamSimulator.

'Identify'/'State'/'Which'
skill language

'Explain'
skill language

'Evaluate'
skill language

- I am fully aware that 2-mark questions accumulate the most marks in the AQA GCSE PE Paper 1 exam.
- I have OVER-PRACTISED 2-mark questions for the AQA GCSE PE Paper 1 exam from both the exam board and ExamSimulator.
- I know the required format of the extended-writing piece(s) for the AQA GCSE PE Paper 1 exam.
- I have practised all past paper AND ExamSimulator examples of extended-writing pieces.



Practical examples (A02)

*These examples are generic and used to represent a range of content across all PE exams.

- | | |
|--|--|
| <ul style="list-style-type: none"> <input type="checkbox"/> I have read and actioned the information below about well made and poorly made practical examples across PE examinations of all kinds. <p>...sponsorship such as Gillette razors for football. <input checked="" type="checkbox"/> <input type="checkbox"/></p> <p>...open skills such as taking a (slip) catch in cricket due to the need to adapt the catching skill to suit the specific flight and pace of the ball as it leaves the edge of the bat. <input checked="" type="checkbox"/> <input type="checkbox"/></p> <p>...flexion is bending the elbow when weightlifting. <input checked="" type="checkbox"/> <input type="checkbox"/></p> <p>...agility like in basketball when you dribble the ball. <input checked="" type="checkbox"/> <input type="checkbox"/></p> | <p>...sponsorship such as the brand Gillette sponsoring elite men's football to increase product awareness and, potentially, boost sales. <input checked="" type="checkbox"/> <input type="checkbox"/></p> <p>...open skills such as in cricket. <input checked="" type="checkbox"/> <input type="checkbox"/></p> <p>...flexion at the elbow when the elbow bends in the upwards phase of a biceps curl. <input checked="" type="checkbox"/> <input type="checkbox"/></p> <p>...agility is critical in basketball when dribbling the ball as a player can maintain control whilst changing direction and, therefore, dribble in and out of spaces around defenders without losing possession of the ball. <input checked="" type="checkbox"/> <input type="checkbox"/></p> |
|--|--|



AQA GCSE PE 2022 (8582) Paper 2

Date: 10th June Time: PM Marks: 78 Length: 75 min Marks per min: 1.04

REVISION

Watch our live revision sessions on youtube.com/TheEverLearner



Wed 11th May 4-5:30pm

AEI listed content

- ✓ Classification of skill
- ✓ Basic information processing model
- ✓ Engagement patterns
- ✓ Positive and negative impacts of sponsorship and the media
- ✓ Positive and negative impacts of technology
- ✓ Prohibited substances
- ✓ Reasons why hooliganism occurs
- ✓ Strategies to combat hooliganism
- ✓ Role of carbohydrates, fat, protein and vitamins and minerals
- ✓ Hydration

Skills

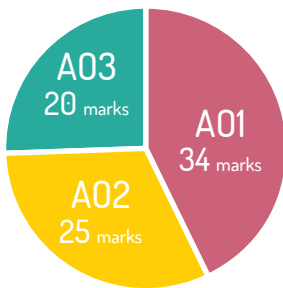


Average marks for all Paper 2s since 2018



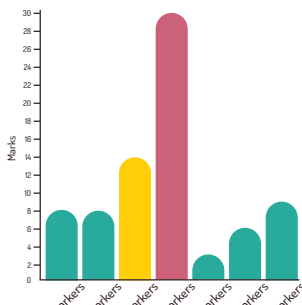
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A0 coverage



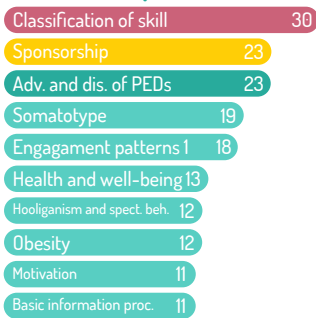
Average marks for all Paper 2s since 2018

Mark allocation



Average marks for all Paper 2s since 2018

Most examined topics



Average marks for all Paper 2s since 2018

Marks awarded per skill



Revision tips

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- ES** Do plenty of exam practice on **Exam Simulator**
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The EverLearner

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Content preparation

- | | | |
|--|---|---|
| <input type="checkbox"/> I am fully aware of the Advance Exam Information listings. | <input type="checkbox"/> Classification of skill | <input type="checkbox"/> Prohibited substances |
| <input type="checkbox"/> I have OVER-LEARNED all of the Advance Exam Information content. | <input type="checkbox"/> Basic info. processing model | <input type="checkbox"/> Hooliganism: reasons |
| <input type="checkbox"/> I have learned all other specification content in preparation for lower-tariff questions. | <input type="checkbox"/> Engagement patterns | <input type="checkbox"/> Hooliganism: strategies |
| | <input type="checkbox"/> + & - impacts of sponsorship and the media | <input type="checkbox"/> Role of carbs, fat, protein, vitamins and minerals |
| | <input type="checkbox"/> + & - impacts of technology | <input type="checkbox"/> Hydration |

Skills preparation

-
- I am fully aware of the most common command words in the AQA GCSE PE Paper 2 exam.
-
-
- I have OVER-PRACTISED 'Identify'/'State'/'Which', 'Describe'/'Outline' and 'Explain' through past-paper questions AND ExamSimulator.

'Identify'/'State'/'Which'
skill language

'Describe'/'Outline'
skill language

'Explain'
skill language

-
- I am fully aware that 4-mark questions accumulate the most marks in the AQA GCSE PE Paper 2 exam.
-
-
- I have OVER-PRACTISED 2-mark questions for the AQA GCSE PE Paper 2 exam from both the exam board and ExamSimulator.
-
-
- I know the required format of the extended-writing piece(s) for the AQA GCSE PE Paper 2 exam.
-
-
- I have practised all past paper AND ExamSimulator examples of extended-writing pieces.



Practical examples (A02)

*These examples are generic and used to represent a range of content across all PE exams.

-
- I have read and actioned the information below about well made and poorly made practical examples across PE examinations of all kinds.

...sponsorship such as Gillette razors for football.

...sponsorship such as the brand Gillette sponsoring elite men's football to increase product awareness and, potentially, boost sales.

...open skills such as taking a (slip) catch in cricket due to the need to adapt the catching skill to suit the specific flight and pace of the ball as it leaves the edge of the bat.

...open skills such as in cricket.

...flexion is bending the elbow when weightlifting.

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...agility like in basketball when you dribble the ball.

...agility is critical in basketball when dribbling the ball as a player can maintain control whilst changing direction and, therefore, dribble in and out of spaces around defenders without losing possession of the ball.

